

# Bariatric Weight Loss Surgery Support Group 2019

Whether you're considering bariatric surgery or adjusting to the diet and lifestyle changes after your procedure, a strong support system is one of the most important keys to achieving your weight loss goals and improving your health.

That's why the Center for Surgical Weight Loss at Jefferson Health - New Jersey is dedicated to providing you with the right information and resources to get the support you need.

Meet with knowledgeable professionals, as well as others who understand what you're going through, because they've been there, too. Our bariatric support group meetings are free and open to both pre- and post-operative patients, and the family members and friends who support them.

*We look forward to supporting you on your weight loss journey!*

**FREE**  
**Monthly Drawings**  
**for Attendees**

Find out more at [KennedysJefferson.org/Bariatrics](http://KennedysJefferson.org/Bariatrics) and check out our Bariatric Discussion Forum on the website.

For more information, contact our Bariatric Program Coordinator at **856-346-6470**.



## Meetings are Held at the Locations & Times Listed Below:

**Every 2<sup>nd</sup> Tuesday, 6:30 - 7:30 p.m.** (except Jan. 8)

**Jefferson Stratford Hospital**  
18 East Laurel Road • 3<sup>rd</sup> Floor Large Conference Room

Feb. 12	June 11	Oct. 8
March 12	July 9	Nov. 12
April 9	Aug. 13	Dec. 10
May 14	Sept. 10	

**Every 4<sup>th</sup> Tuesday, 6:30 - 7:30 p.m.** (except Dec. 24)

**Kennedy Fitness & Wellness Center – Sewell**  
405 Hurffville-Cross Keys Road • Suite 201

Jan. 22	May 28	Sept. 24
Feb. 26	June 25	Oct. 22
March 26	July 23	Nov. 26
April 23	Aug. 27	