

All correspondence to:

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**Board Certified in General Surgery**

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Michael J. Sasso, D.O., F.A.C.O.S.

\*Louis Balsama, D.O., F.A.C.S.

**\*Metabolic And Weight Loss Surgery**

**Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

| Consult/Study     | Required | Date Completed |
|-------------------|----------|----------------|
| Labs              | ✓        |                |
| Cardiology        | ✓        |                |
| Pulmonary         | ✓        |                |
| Psychology        | ✓        |                |
| PCP               | ✓        |                |
| UGI/Chest x-ray   | ✓        |                |
| Pre-op class      | ✓        |                |
| *Nutrition        | ✓        |                |
| Smoking cessation |          |                |
| Other             |          |                |

**\*Nutrition visits required by insurance**

|                              |    |                         |              |
|------------------------------|----|-------------------------|--------------|
| All NJ Horizons visits       | 3  | Amerigroup visits       | 6            |
| Out of state Horizons visits | 6  | Traditional Medicare    | 3            |
| Aetna                        | 12 | Managed Medicare visits | see column 1 |
| United Health Care visits    | 3  | Amerihealth visits      | 3            |
| Cigna                        | 4  | Horizon Federal         | 4            |

1. Call your insurance to confirm that weight loss surgery is a benefit in your policy.
2. BRING CHECK LIST TO EACH SESSION.

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Louis Balsama, D.O.

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Date

Kathy McKeever (Surgical Scheduler, Insurance) 856-589-0600  
Chris Arroliga RN, CBN, SMC (Certified Bariatric Nurse) 856-701-8668